

Highlands Ranch Aquatics

2008-09 Season

PARENT CODE OF CONDUCT

As a parent of a swimmer and member of HRA, I will abide by the following guidelines:

1. Practice *teamwork* with all parents, swimmers and coaches by supporting the team Philosophies & Objectives.
2. I will not coach or instruct the team or any swimmer at practice or at meets (from the stands or any other area) or interfere with coaches on the pool deck.
3. Demonstrate good sportsmanship by conducting myself in a manner that earns the respect of my child, other swimmers, parents, officials and the coaches at meets and practices.
4. Maintain self control at all times. Know my role, and the role of others.

- **SWIMMERS: Swim**
- **COACHES: Coach**
- **OFFICIALS: Officiate**
- **PARENTS: Parent**

5. As a parent, I understand that criticising, name-calling, use of abusive language or gestures directed toward any coach or official, and participating swimmer as well as any and all members of HRA, will not be permitted or tolerated.
6. Enjoy involvement with HRA by supporting the swimmers, coaches and other parents with positive communication and actions.
7. During competitions, questions or concerns regarding decisions made by coaches or meet officials are to be directed to a member of our coaching staff. Parents should address officials via the HRA coaching staff only.

SANCTIONS: Should I conduct myself in such a way that brings discredit or discord to Highlands Ranch Aquatics, or USA Swimming, I will voluntarily subject myself to disciplinary action. HRA maintains the right to terminate any membership, with proper cause, in the interest of our Philosophies & Objectives.

HRA BOARD MEMBER GUIDELINES & OBJECTIVES:

1. To support the Philosophies & Objectives of HRA.
2. To support the structure of HRA as a coach-directed, parent supported organization.
3. To serve as a means of bringing a better understanding and cooperative spirit among parents, coaches and swimmers.
4. To cultivate mutual cooperation and spirit of friendliness among parents themselves.
5. To support and encourage team activities which are beneficial to the success of Highlands Ranch Aquatics.
6. To serve in one of the following elected positions: President, Vice-President, Treasurer or Secretary.